

***WE LISTEN...***

**Family Violence is NOT acceptable.**

**Abuse is a Crime!**

**No one should be Abused!!!**

***WE UNDERSTAND...***

**IF YOU OR SOMEONE YOU KNOW  
NEEDS HELP**

Please Call: (204) 987-2780

Toll Free: 1-800-362-3344

Provincial Domestic Violence Crisis Line

1-877-977-0007

***WE CARE...***



**Mission Statement**

**To address the needs of all women and their children who are abused; sexually, physically, or emotionally, and to develop programs to meet these needs in order that the women are empowered to make decisions affecting their own lives**

**VIOLENCE IS NOT A TRADITION**



**IKWE—WIDDJIITWIN INC.**  
***“Women Helping One Another”***

Crisis Shelter for abused women  
and their children who are  
victims of domestic violence

**IKWE WIDDJIITWIN, INC.**  
**P.O. Box 1056**  
**Winnipeg, Manitoba R3C 2X4**  
**Phone: 987-2780**

**Website: [ikwe.shelternet.ca](http://ikwe.shelternet.ca)**

## RESIDENTIAL

### SHELTER PROGRAM

#### *WE OFFER...*

- ☞ A safe place for women and their children who are victims of domestic violence
- ☞ Individual Counselling
- ☞ Counselling Groups
- ☞ Counselling in Native Languages/ Dialects
- ☞ Culturally appropriate services include:
  - Ceremonies
  - Elder Services
  - Smudging,
  - Native Craft Groups
- ☞ Advocacy / referral / support for legal issues, housing issues, medical needs or relocation assistance

### CHILDREN'S PROGRAMS

#### *WE OFFER...*

- ☞ Individual Counselling
- ☞ Children's Group Counselling
- ☞ Nobody's Perfect Parenting Program
- ☞ Child Care Services
- ☞ Counselling for Mothers and Children

## CRISIS LINE

**If you need to talk to someone,  
telephone counselors are  
on duty 24 hours a day**

#### *WE OFFER...*

- ☞ Empathy and understanding
- ☞ Information on services
- ☞ Referral to appropriate Services
- ☞ Help to find you solutions
- ☞ Understanding, listening and caring in a non-judgmental manner
- ☞ Native languages/dialects

**There are no fees charged for  
our services**

**All Staff are supportive,  
understanding and caring**

We give you a safe place to be if you are in a crisis as a result of mental, emotional, sexual, verbal, or physical abuse. Complete confidentiality is ensured!

## FOLLOW-UP PROGRAM

#### *WE OFFER...*

- ☞ Follow-up / Outreach Services
- ☞ Home Visits
- ☞ Individual / Group Counselling
- ☞ Support Groups
  - Domestic Violence
  - Medicine Wheel / Balanced Lifestyle
- ☞ Advocacy / Referral

### INTERIM HOUSING PROGRAM

#### *WE OFFER...*

- ☞ Introduction of Independent Living with continued supports and safety and security of the shelter
- ☞ Advocacy
- ☞ Women's Support Groups
- ☞ Assistance with all forms including Protection Orders